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HYGIEIA

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The Quarterly Newsletter of Family Planning Health Services, Inc.

Follow Up on FPHS and AAUW Hosted Speak OUT!

FPHS and the local AAUW worked with Raising Women's Voices for the Health Care We Need (RWV) and hosted a speak out to obtain health care stories. RWV has published the composite of needs/wants from their speak out sessions held across the nation:

From Our Kitchen Table

What Women Want: The Health Reform Edition

1. Health coverage should start at birth and end at death, with no interruptions. We shouldn't lose it when we change jobs, get divorced or move from one state to another.
2. Make it affordable. Use a sliding scale. Everybody should pay something, but some of us can pay more than others. Offer subsidies for those who can't pay very much.
3. Make it fair. Don't charge women more than men. Don't let insurance companies refuse to cover people because they have diabetes, cancer, asthma or any other "pre-existing condition."
4. Make it simple. Tell insurance companies to stop tricking us into buying policies that don't cover the care we need. There should be no hidden clauses or surprises.
5. Make it better. Give us the high quality care that this country is capable of delivering, instead of extra tests and unneeded services that feed the bottom-line for drug companies or for-profit hospitals and medical systems at our expense. And fix the system so that poor people, people of color, people with disabilities and LGBT people get high quality care too.
6. Keep politics, politicians and ideology out of the decisions about which benefits should be included. This is health care, people!
7. Cover everybody! Stop arguing about whether we should cover undocumented immigrants or force legal immigrants to wait five years to be eligible. If they are living here as our neighbors, we want them to be healthy. Fixing the immigration system is a separate issue.
8. This should be a wellness system, not a sickness system. Sure, we want to have medical care when we get sick, but better preventive care and stronger public health measures in our own communities can help us stay healthy.

Watch your mail and the fphs website for nomination papers for the 2009 FPHS Community Recognition Awards.

FPHS's mission is to promote the health and knowledge of women and families throughout their lives... To improve the lives of generations to come...because knowledge about sexuality is better than ignorance... and because prevention and health promotion are the best means to a healthier future.



Family Planning Health Services, Inc. (FPHS) is a private, non-profit, community based, confidential reproductive health care provider in Central Wisconsin. Incorporated in 1973, the agency was formed without stock and not-for-profit and operates under the policies of a volunteer Board of Directors. FPHS provides services to anyone and everyone regardless of age, income or marital status.

EC Lockboxes

FPHS will be locating EC Lockboxes around the state in an effort to make EC access for callers easier. We have had Lockboxes at our seven clinic sites now for a number of years; clients from our service area are directed to the lockboxes when they call on weekends. They are given the combination to the lock and are able to open the box with the combination and access their medication.

When we develop a partnership plan with the various sites across the state, each site will be mailed 6 packages with which to stock the Lockbox. The first package is placed in the box with the combination. When the EC Hotline staff directs a caller to the Lockbox, she accesses the medication. The Hotline staff then call the partnering agency and ask them to refill the box and reset the combination. This effort will increase EC access across the state.

New FPHS Fundraiser

FPHS is launching a fundraising project that is easy and simple. This company will pay FPHS 40% of the purchase price of all items bought through the website so please pass this information on to all your family, friends, and acquaintances.

Please help support FPHS with a donation. Through a unique and simple internet ordering system, you may order quality Rada Cutlery kitchen knives, utensils, gift sets and other merchandise direct from the manufacturer at very low prices. This means that not only will you get a great deal on amazing products but that you will also be helping FPHS meet our fundraising goals at the same time. To take advantage of this opportunity and to help FPHS, log-on to www.HelpOurFundraiser.com using our group's information.

Internet Ordering #: 501954
Password: fphs (must be lower case)

Click on browse to begin looking for great buys on all Rada Cutlery products.

Please place your order on-line before 12-31-2009. Your order will be delivered to your address in 15 working days or less. Please know that your purchase also supports American workers and their families. "Rada Cutlery has been proudly manufactured in Iowa since 1948!"

THAT'S ALL THERE IS TO IT.

FPHS will get a monthly report of sales and a check for fundraiser proceeds. We'll keep everyone informed as to proceeds in our Fall and Winter issues of *Hygieia*.

Note: These are truly good products. Kay Perkins, our WIC Director, has purchased and used these products for years and can testify as to their high quality.



Would You Like to Receive Hygieia Electronically?

Hygieia is available in .pdf format delivered straight to your email! Please complete and remove the form below and send to: FPHS - Hygieia, 719 N Third Avenue, Wausau, WI 54403.

I care about the health and well-being of myself, my family and my community!

Please accept the following donation to the important work of FPHS to ensure that access to quality, affordable, convenient maternal and child health care and education is available to everyone!

Name _____

Address _____

City _____ State ____ Zip _____

Amount Enclosed

\$20 \$50 \$100 \$250 Other _____

I am unable to contribute at this time but please send me future issues of Hygieia

Please send me future issues of Hygieia by email Email _____



Today it Happened Again



From the FPHS Wausau Clinic

Sue Kettner, Public Relations Coordinator
June 30, 2009

Today It Happened Again

Earlier this month, a woman came into the FPHS Drive-Up and made a donation. She told us that she had promised herself if she ever drove past our clinic and saw people protesting, she would make a contribution. That day, because the protesters were standing there, she drove around the block, into the Drive-Up, pulled out her checkbook and made a donation.

It happened again with a different person today -- another donation because protesters were standing in front of the family planning clinic in Wausau.

It has been hard for FPHS staff, myself included, to understand the protests outside the clinic because we know that we provide caring, compassionate voluntary contraceptive care that prevents unintended pregnancy (and care that helps people take responsibility for their reproductive health including planning for healthy pregnancies when they are ready.)

Having two supporters take the time and make a gift to show their support for us and our services, makes all of us feel appreciated. I'd like to invite all of you to drive through (maybe pick up some condoms) or, if there's no line, just tell the staff at the window that you support family planning.

I'm sure that there are many times when people speak up for access to birth control when it isn't easy. To those who do, "THANK YOU!!"