



719 N Third Avenue  
 Wausau, WI 54401  
 (715) 675-9858  
 1-800-246-5743  
 www.fphs.org

Nonprofit  
 Organization  
 U.S. Postage  
 PAID  
 PERMIT 3  
 WAUSAU, WI

# HYGIEIA

The Quarterly Newsletter of Family Planning Health Services, Inc.

Vol. 4 Issue 1 Winter 2009

## FPHS and AAUW Host Speak OUT!



Health care advocates have called for changes to our health care system. Recently, President-Elect Obama asked Americans to share their experiences and thoughts on health care. In response to this request, Family Planning Health Services, AAUW and Raising Women's Voices for the Health Care We Need are hosting a Central Wisconsin Speak Out on January 29<sup>th</sup>. Assistant Majority Leader Donna Seidel will be in attendance to share her thoughts on the health care reform discussion in Wisconsin and to listen to our experiences. We hope you will join us to share your thoughts on health care. The stories gathered at the event will be shared with elected officials and the public. Below you will find the details of the event. Please join us and help us spread the word. For more information, please visit [www.fphs.org](http://www.fphs.org) or call Sue, Dino or Frances at 715-675-9858 or 1-800-246-5743.

**What:** **SPEAK OUT!**

**Where:** David R Obey Health Sciences Building Northcentral Technical College  
 1000 W. Campus Dr.  
 Wausau, WI 54401

**When:** 7 PM – 9 PM **January 29, 2009**

**Why:** The new Administration has requested citizens to hold community forums to gather health care stories. The good, the bad and the ugly. They want to know in detail what consumers need. What works well, what doesn't work well and what downright fails! The information shared and gathered at the Speak Out will be shared with those in leadership positions in the state and national health care reform movement. FPHS is utilizing our advocacy web site [www.belowthewaist.org](http://www.belowthewaist.org) to publish recorded stories.



## JOIN US:

### Central Wisconsin SPEAK OUT!

**When:** 7 PM – 9 PM **January 29, 2009**  
**Where:** David R Obey Health Sciences Building  
 Northcentral Technical College  
 1000 W. Campus Dr.  
 Wausau, WI 54401

**Find out more inside!**

FPHS's mission is to promote the health and knowledge of women and families throughout their lives... To improve the lives of generations to come...because knowledge about sexuality is better than ignorance... and because prevention and health promotion are the best means to a healthier future.



Family Planning Health Services, Inc. (FPHS) is a private, non-profit, community based, confidential reproductive health care provider in Central Wisconsin. Incorporated in 1973, the agency was formed without stock and not-for-profit and operates under the policies of a volunteer Board of Directors. FPHS provides services to anyone and everyone regardless of age, income or marital status.

## FPHS Celebrates the One Year Anniversary of BelowtheWaist.org



Downstairs, near the WIC clinic in Wausau is our podcasting and social media studio. From there, our podcast coordinator, Dino Corvino, has been churning out podcasts for one year. He is also spreading the message of reproductive health care access through the new tools of social media in realms like twitter.com, and facebook.

"I am pretty excited about the scope of the podcast, and the amount of people who have been listening," said Dino. The first podcast done in January 2008 was with guest Congresswoman Gwen Moore about nominal drug pricing for safety net clinics and university health care centers. Also on that program, Dino spoke with Diane Zanto from UW-Oshkosh Student Health Services about how higher drug prices are impacting the university students.

From that jumping off point, the guests have grown, the podcasts have become more focused, and the listenership has increased. What started off with a few people listening has blossomed into a large audience. "When we received a note that we had over a thousand listeners, it was a red letter day for us," said Dino.

One of the proudest moments came when working with a woman we call Phyllis. Phyllis told us about going to a "Crisis Pregnancy Center" to get a pregnancy test, and instead she was met with religious dogma. After hearing her story, FPHS did a little investigating and found that the organization was Cyber Squatting on an fphs type domain. (Legal yes, but ethically questionable on the modern internet.) The center was redirecting people who presumably were looking for FPHS.org, to their site and selling their services. With a little public pressure and a series of podcasts on the topic, the crisis pregnancy center did the right thing and dropped the domain from active use.

The podcasts or shows have ranged from the highly personal collection of a success story from a client of FPHS to a panel discussion from three generations of teen mothers. We've had a medical discussion of HIV with Dr. Kevin O'Connell from UW-Health, and a policy driven discussion on the Health & Human Services rule change sent out by Director Michael Leavitt in December, 2008. We are also proud to be one of the few podcasts to have a discussion regarding the Centers for Disease Control ruling about the use of Gardasil this past year, putting the side effects in perspective officially. All these podcasts and more are stored on [www.belowthewaist.org](http://www.belowthewaist.org) in the Archive section.

The future looks even brighter for BelowTheWaist. We've got upcoming interviews with Kathy DiNicola from Planned Parenthood of South Dakota, Minnesota, and North Dakota regarding a court case in the Eighth Circuit Court, another with Cathy Thompson of Catholics for a Free Choice about her work in Southeastern Wisconsin regarding EC, as well as the highly anticipated interview with Rachel Benson Gold from the Guttmacher Institute. It is a good looking new year.

"We need more feedback, and more 'commenters' though," said Dino, "so we hope the readers of Hygieia will get involved." Go to [www.belowthewaist.org](http://www.belowthewaist.org)



## Would You Like to Receive Hygieia Electronically?

Hygieia is available in .pdf format delivered straight to your email! Please complete and remove the form below and send to: FPHS - Hygieia, 719 N Third Avenue, Wausau, WI 54403.

I care about the health and well-being of myself, my family and my community!

Please accept the following donation to the important work of FPHS to ensure that access to quality, affordable, convenient maternal and child health care and education is available to everyone!

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_ Zip \_\_\_\_\_

Amount Enclosed

\$20     \$50     \$100     \$250     Other \_\_\_\_\_

I am unable to contribute at this time but please send me future issues of Hygieia

Please send me future issues of Hygieia by email  Email \_\_\_\_\_



## Thank You!

FPHS would like to take the opportunity as this new year begins to thank all who have donated to our mission in 2008. FPHS has established itself as a part of the mainstream medical community, working with public health staff and private medical clinics alike throughout our service area.

This took some doing and we could not have been successful without your help. Thank you to our supporters and those who have donated funds to help us.

As we look ahead to 2009, we are especially hopeful that a positive future awaits American women and families. Our hope centers around the new Administration about to take office. Our expectations are high that this President will keep American families and their needs uppermost in his mind. With the prospect of health care reform, we will be working hard to make sure reproductive health care is included in reform strategies.

Although FPHS has been seeing the financial struggles among our clients and their families for some time, it is now being clearly identified in the media. We know that for many of these families, this isn't a good time for an unintended pregnancy. With so many people losing their jobs and their health insurance, we know the need for our services will increase. We will continue to provide maternal and child health services to our communities. As in the past, we will need the help of our supporters. We appreciate all you have provided in the past and look forward to our continued relationship.

**THANK YOU**